

WRITING QUEST

Personal 60-Day Writing Program · Arnav Kashyap

DAY 12 · SPEED BEAT

Date: _____

Player: Arnav Kashyap

Phase 1 · Week 2

WARM-UP · 3 min

SPEED BEAT: write your name as fast as you can, 5 times. Don't fix it.

SPEED DRILL · 3 min

Speed sentence: 'I go faster every day.' Copy 4 times in under 60 seconds.

Start: _____ End: _____ Words: _____

MAIN MISSION · Target: 7 lines · 12–18 min

Speed challenge + 7 lines about: 'The fastest thing I've ever done.'

SELF-CHECK · 2 min

Compare today's name-speed to Day 5's. Faster? Tick the box.

XP EARNED TODAY

+ _____

Enter in the Excel tracker

Parent signature & date: _____

Streak today: Yes Lite Freeze No